



**THE REGION 10 QUALITY COUNCIL IS PLEASED TO OFFER THE FOLLOWING TRAINING AT NO COST TO PARTICIPANTS**

## **PICTURE OF A LIFE FACILITATOR TRAINING**

This training is two days of learning and applying person centered thinking and planning tools that are focused on helping people envision the life they want in their community. Multiple methods are applied to capture what a person really wants and out of this a “picture of a life” is created, which contains all the elements of that person’s desired future. This method can help teams increase creativity, facilitate more satisfying and effective planning meetings and develop person centered plans for individuals receiving supports.

This training is designed for anyone who has a strong desire to lead planning for individuals and is comfortable managing group processes. *The 2 Day Person Centered Thinking is a prerequisite for this class. Attendance on both days is required to complete training.*

August 20 & 21, 2018

9:00 am – 3:30 pm on Aug. 20

10:00 am – 3:30 pm on Aug. 21

American Legion

302 E. Sarnia St.

Winona, MN 55987

### **Presented by Betsy Gadbois, Director of Person Centered Practices, Owakih**

Betsy is one of the premiere trainers in Minnesota in the area of person-centered services. She has over 30 years of experience working in residential services, individualized housing and day services with individuals with disabilities and those who support them. She is passionate about people having positive control over the lives they choose.

**Contact Polly Owens at [pollyo@arcse-mn.org](mailto:pollyo@arcse-mn.org) or 507-287-2032 to register for this training.**

**Space is limited to 30 people so please register early.  
Priority will be given to individuals supporting people in Region 10  
(Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted,  
Rice, Steele, Wabasha and Winona counties)**